



🌿 Relief Soak Hemp Bath Salt 🌿

by Earth & Ease Hemp

Muscle Recovery Soak with Hemp for Pain Relief & Circulation Support

Relief Soak Hemp Bath Salt. Pain Relief & Circulation is your ultimate muscle recovery soak, crafted to **ease soreness, relax tight muscles, and improve circulation.** Infused with hemp seed oil, essential oils, and mineral-rich salts, this potent blend revives tired bodies and helps you feel balanced and restored after workouts or long days.

🌿 The Earth & Ease Advantage 🌿

Crafted with premium **hemp** extract for skin-loving benefits without any psychoactive effects.

- **Hemp Content:** Sourced from high-quality hemp for superior nourishment.
- **Non-Intoxicating:** Calm your senses without altering your mind.

🌸 Key Ingredients & Their Benefits 🌸

Each ingredient is meticulously chosen to nurture and revitalize your skin:

- **Hemp Seed Oil:**
 - 🌱 Deeply nourishes and hydrates skin.
 - 🌱 Rich in omega fatty acids to support a healthy glow.
- **Epsom Salt:**
 - 🛁 Relaxes sore muscles and reduces inflammation.
- **Himalayan Pink Salt:**
 - 🛁 Detoxifies and replenishes essential minerals.
- **White Kaolin Clay Powder:**
 - 🧴 Gently purifies and enhances skin softness.
- **Baking Soda:**
 - 💧 Balances pH and smooths skin texture.
- **Eucalyptus Oil:**
 - 🌿 Refreshes and relieves muscle tension.
- **Peppermint Oil:**
 - 🌿 Cools and energizes tired muscles.
- **Black Pepper Oil:**
 - 🔥 Stimulates circulation and eases stiffness.
- **Dried Rosemary:**
 - 🌿 Invigorates the senses and supports pain relief.

• Dried Arnica Flowers:

- 🌸 Known for helping reduce swelling and muscle soreness.

📖 How to Use 📖

1. 🛁 Fill your tub with warm water.
2. 🛁 Add 1/4 to 1/2 cup (60–120 g) of **Relief Soak Hemp Bath Salt.**
3. 🌸 Gently swirl the water to dissolve and activate the botanicals.
4. ⚡ Soak for 15–20 minutes to relax, recharge, and refresh your skin.

☀️ Why You'll Love It ☀️

- 💧 Soothes sore muscles and supports recovery after activity
- 🌿 Boosts circulation and relieves tension naturally
- 🌸 Energizing aroma from eucalyptus, peppermint, and black pepper
- 🛁 Free of synthetic fragrances, parabens, and dyes
- 🌍 Made with clean, responsibly sourced ingredients

📦 Storage Tips 📦

- ☀️ Store in a cool, dry place away from sunlight.
- 📅 Use within 6–12 months for best results.

☀️ Pair It with Other Earth & Ease Products ☀️

- ⚡ **Glow & Grace Hemp Facial Oil:** Restore radiance and balance to your skin.
- 🧴 **Roots & Radiance Hemp Scalp Oil:** Support a healthy scalp and strong hair.

🌱 Earth & Ease Hemp 🌱

"Honoring Nature's Wisdom, Empowering Your Wellness"

⚠️ **Caution** ⚠️ For external use only. Avoid contact with eyes. Discontinue use if irritation occurs. Consult a healthcare professional for any concerns.

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